
Mud Therapy - Peloidotherapy

Therapeutic muds (peloids) are peat, sapropelics, sulfite and freshwater silts, composed of the mineral and organic matters which underwent complicated transformation as a result of physicochemical, chemical and biochemical processes and represent a homogenous fine-particle plastic mass which is used in heated state to perform [cure](#).

Enjoy the benefits of this proven for centuries method with the self heating mud-packs from Pomorie lake and by Phytomer.

REFERENCE

<http://www.ncbi.nlm.nih.gov/pubmed/23357640>

<http://www.ncbi.nlm.nih.gov/pubmed/22935858>

<http://www.ncbi.nlm.nih.gov/pubmed/21120502>

<http://www.ncbi.nlm.nih.gov/pubmed/18020895>

<http://www.ncbi.nlm.nih.gov/pubmed/18998040>

<http://www.ncbi.nlm.nih.gov/pubmed/17520260>

<http://www.ncbi.nlm.nih.gov/pubmed/17590368>

<http://www.ncbi.nlm.nih.gov/pubmed/11236389>